

## The Living ECK Master



**D**oug Kunin, the Mahanta, the Living ECK Master is the spiritual leader of Eckankar.

His job is, through inner guidance and the outer teachings, to help you find your own path back to the divine source.

The Living ECK Master acts as the way-shower, and is given reverence, not worship.

*“What we’re called to is self-generating happiness. Self-sustaining happiness is possible because every Soul is foreordained to joy, love, and wisdom. You don’t need to wait. You can claim eternity now.”*

*- Doug Kunin*

*from his talk “Eckankar: The Spiritual Enlightenment Movement”*

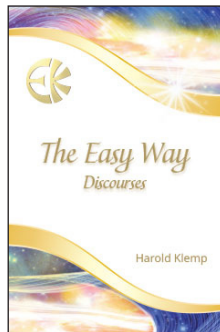
## Advanced Spiritual Living Courses

**L**ooking for an advanced spiritual study as a next step on the road home to God?

**Ask us about enrolling in the Easy Way Discourses today.**

**The monthly studies undertaken are:**

- \* ‘The Easy Way’
- \* ‘In Soul You are Free’
- \* ‘Dream On, Sweet Dreamer’
- \* ‘Karma—It All Comes Back in the End’
- \* ‘Reincarnation—Why You Came to Earth Again’
- \* ‘Your Initiations in ECK’
- \* ‘The Master Principle’
- \* ‘Can We Live in a World Without Love?’
- \* ‘The God Worlds-Where No One Has Gone Before’
- \* ‘Ask the Reason, Say Be-CAUSE’
- \* ‘Mind Stuff and the Art of Listening’
- \* ‘Putting It All Together’



**We are committed to child & youth safety**

## Contact Eckankar – Free info

For your free information pack or for any other enquiries, please contact us at 0402 299 523 or send an email to [info@eckankar-essa.org.au](mailto:info@eckankar-essa.org.au). Leave a message with all the information necessary for us to respond to your request. For further information on ECK Events please follow this link [www.eckankar-essa.org.au](http://www.eckankar-essa.org.au) You can join our Meetup group for regular Melbourne ECK event invitations.

[www.meetup.com/eckankar-melbourne](http://www.meetup.com/eckankar-melbourne)

## HU: A Love Song to God

### Download Free HU App

HU is an ancient name for God and HU is the sound behind all sounds. It has been used for thousands of years as a prayer and sacred chant to attune oneself to the presence of God. In



many spiritual traditions, sound plays an important part in uplifting the individual. HU is a key to open your heart to God’s loving presence in your life. Anyone can sing HU, regardless of age or religion. It is a simple technique that can be used as part of your daily spiritual practice. It has the power to uplift you spiritually for inner peace, healing, and insight.

[www.hearhu.org](http://www.hearhu.org)

## Eckankar Around Australia

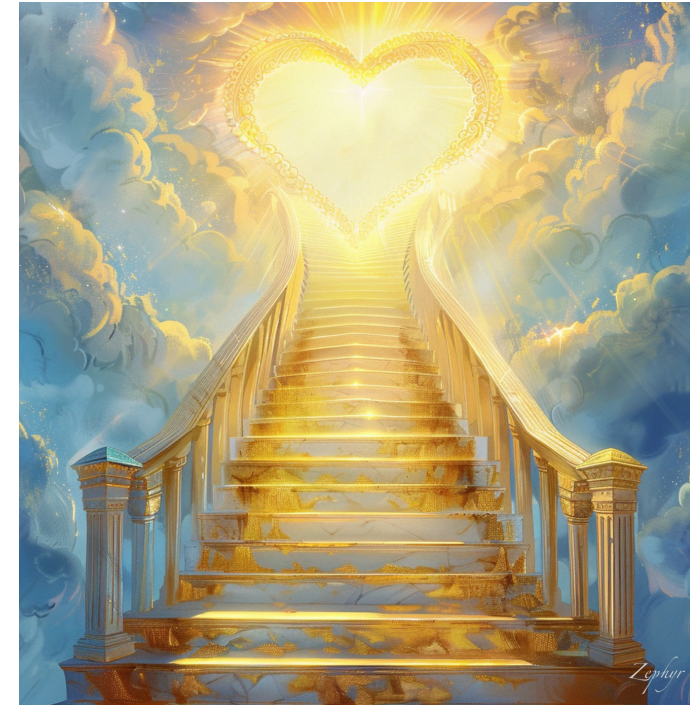
Eastern Victoria	(03) 5153 2584	ACT	0482 524 657
Inner Western	(03) 5340 0712	New South Wales	0482 524 657
North Central Vic	0438 552 107	Queensland	0484 014 001
North East Vic	0438 552 107	South Australia	0422 483768
South Western Vic	0422 215 956	Tasmania	0428 383 773
Western Vic	0411 324 311	Western Australia	0466 120 038

*Disclaimer —The opinions expressed in these pages are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp. Published by ECKANKAR Society of Southern Australia, A.B.N. 82 058 053 697, PO Box 2078 Moorabbin VIC 3189, a chartered affiliate of ECKANKAR, © Copyright 2026. All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL, and VAIRAGI, among others, are trademarks of ECKANKAR, PO Box 2000 Chanhassen MN 55317-2000*



# ECKANKAR

## The Path of Spiritual Freedom



### Public Events in Victoria

Apr-May-Jun 2026  
Melbourne Metro Area

[www.eckankar-essa.org.au](http://www.eckankar-essa.org.au)

## ECK Light and Sound Service

An ECK Light and Sound service offers you a chance to discover more about yourself as Soul, an eternal, creative, spiritual being. Connect with the most sacred part of yourself, receive new insights, and magnify love in your life through the Light and Sound of God.



Experience the sacred sound of HU, which can open your heart to divine love, healing, and inner guidance. Join us for an engaging blend of insightful stories, uplifting creative arts and contemplative exercises to have your own experience of the spiritual Light and Sound.

These will be held at Box Hill in person	
Box Hill Community Arts Centre – 11:00am Sunday 470 Station Street, Box Hill, Melbourne	
5th Apr	Getting Inner Answers the Easy Way <i>“Go to the Holy temple of God within each person’s heart through the sacred sound of HU.”</i>
3rd May	The Call of Soul – Have You Heard It? <i>“What on Earth is Going On?”</i>
7th Jun	Spiritual Healing – How Does It Happen? <i>“The Power of Spirit Works in Amazing Ways”</i>

Visit our Instagram page:  
[www.instagram.com/eckankar.essa](http://www.instagram.com/eckankar.essa)

## Raise Your Spiritual IQ event

Explore spiritual tools to awaken the God-knowledge within. Find out how Dreams, Past Lives and Soul Travel can help you make sense of everyday life and give insights into the deeper questions that most people wish they had answers for. You can download the study materials and get a head-start on your spiritual adventure.

Explore Online Resources:

<https://www.youtube.com/watch?v=cZX4KzaXx18>

**Friday evening - 8:00 - 9:00 pm on Zoom**

<https://us02web.zoom.us/j/82136031595?pwd=bnlLY2tic3NrMkpNNjdNWDIMUVRRTQ09>

Meeting ID: 82136031595

Meeting password: 069841

**Raise Your Spiritual IQ class on Zoom**

10th Apr	Explore the Reality of Spiritual Experiences <i>“Find your own proof – the easy way”</i>
8th May	Daily Help/Spiritual Growth <i>“Inner knowingness: The treasure of soul perceptions”</i>
12th Jun	Have you had a Spiritual Experience? <i>“Understand the experiences you had – learn how to have more!”</i>

**Raise Your Spiritual IQ class event on Zoom - Youth**

29th May	Finding Your Chill <i>“Learn to Create Personal Space &amp; Fulfilment in a Stressful World”</i>
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**Raise Your Spiritual IQ class in Persian on Zoom**

**8:00pm Sundays - Contact Somy for details 0469 982 994**

12th Apr	ECKANKAR key to Soul Travel <i>“The Light and Sound of God”</i>
3rd May	ECKANKAR key to Soul Travel <i>“Spiritual Exercises for Soul Travel”</i>
7th Jun	Self-Sustaining Happiness <i>“When Joy is no Longer Dependent on Circumstances”</i>

**Experience HU Song on Zoom**

Chant HU - to open your heart and awareness to Divine Love.

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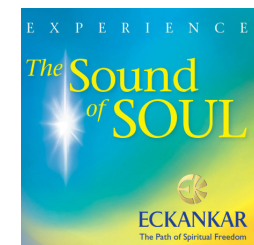
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24th Apr	22nd May	26th Jun
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## Sound of Soul Event



You are invited to join us for a special event of spiritual connection and community.

Settle in with a beautiful contemplation seed and experience a 15-20 min HU chant. The sound of HU when sung out loud or quietly to oneself can bring spiritual upliftment, serenity and joy.

Anyone can join in regardless of background or faith. The HU has helped people of many different faiths experience the presence of God in their lives. The HU chant will be followed by relaxed, spiritual conversation where you are invited to share or you can just listen in.

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3rd Apr	Keep the Gifts of Spirit and Life Flowing <i>“Count Your Blessings”</i>
17th Apr	Experience the Greater Joy and a Love for Life <i>“Secret Path to the Joy of Love and Grace”</i>
1st May	Relax in the Arms of Divine Spirit <i>“Surrender to the Divine Spirit”</i>
15th May	Gain insights into Life <i>“An insight into ourselves”</i>
5th Jun	How to Get God’s Love <i>“Give yourself to others in ways that you like”</i>
19th Jun	Way to renew yourself <i>“Spiritual Exercise of ECK can do that”</i>

**In person - every second Sunday - 11:00am-12:00pm**

Rosewall Community Centre – 11:00am Sundays 36 Sharland Rd, Corio, VIC 3214	
12th Apr	How can one overcome fear? <i>“In a heart full of love, where is there room for fear”</i>
10th May	Have I lived before? <i>“If so, what then is the purpose to reincarnation?”</i>
14th Jun	How does soul find spiritual freedom? <i>“By living to your full potential.”</i>